

2018 Wellness Incentive

By completing the activities below and by not being a tobacco user, you can save **\$1,690** in 2018!

Activity To Do	Who Needs To Do It	Date To Complete	Credit Back To Paycheck	Amount Of Credit	Total \$ Saved
Enroll for Medical Insurance	Employee	11/18/17	January (checks 1-2)	\$25 per pay (2 pays)	\$50
Personal Health Assessment	Employee and Spouse	11/1/17 – 1/23/18	February – April (checks 3-8)	\$25 per pay (6 pays)	\$150
Biometric Screening	Employee and Spouse	10/23/17 – 2/25/18	April – July (checks 9-14)	\$25 per pay (6 pays)	\$150
Hg A1C test/Health Coaching	Employee with 3 or more risk factors from biometric screening	1/1/18 – 6/15/18	July – September (checks 15-20)	\$25 per pay (6 pays)	\$150
Be Fit Challenge	Employee	July – August 2018	September – December (checks 21-26)	\$25 per pay (6 pays)	\$150
					TOTAL: \$650

Activity To Do	Who Needs To Do It	Date To Complete	Credit Back To Paycheck	Amount Of Credit	Total \$ Saved
Remain Tobacco Free	Employee and Spouse	Tested at biometric screening	All year (checks 1-26)	\$40 per pay (26 pays)	\$1,040
					TOTAL: \$1,040

