



BLACK YOUTH SUICIDE PREVENTION

A PROFESSIONAL RESOURCE FOR PROVIDERS



RISK FACTORS

DISCRIMINATION

Research shows racial and gender discrimination has been linked to depression and suicidal ideation. Discrimination may include overt acts, as well as subtle microaggressions. Microaggressions include acts and statements targeted towards a marginalized person in an indirect (at times unintentional) way. Research also shows microaggressions have long-term effects on suicidal ideation, self-esteem, and stress responses.

BULLYING

Bullying is a prevalent issue that is associated with increased suicidal ideation. Black youth are at higher risk for bullying, which has long-lasting harmful effects in one's life.

COMMUNITY VIOLENCE

Community violence exposure has been identified as a risk factor for Black youth suicide ideation.



PROTECTIVE FACTORS

RELIGIOUS IDENTITY

Having a spiritual identity and community can act as a protective factor against suicide/mental health disorders. Black adolescents who used collaborative religious coping (the individual and God work together to solve problems) were more likely to attend church, were more active in church, tended to feel less hopeless and reported more reasons for wanting to live.

POSITIVE PARENTING

When Black youth reported parental support (they viewed the relationships with their parents as positive and affirmative), they endorsed variations in reporting suicidal ideations but not attempts. Positive parenting is shown as a protective factor that decreased the odds of reporting suicidal planning for the adolescents.

POSITIVE SELF-PERCEPTION

Research shows that positive self-perceptions can be buffers against adverse effects of community violence exposure on youth psychosocial development.



**NATIONWIDE
CHILDREN'S**

When your child needs a hospital, everything matters.



FRANKLIN COUNTY

**Suicide
Prevention**
COALITION

Hosted by Mental Health America of Ohio



ALCOHOL, DRUG AND MENTAL HEALTH
BOARD OF FRANKLIN COUNTY



Suicide is mostly preventable. It's important to keep these factors in mind when serving this population. This can directly save lives and prevent harm.

RESOURCES

To learn more and to participate in a local training on how to help someone who may be considering suicide, visit the Franklin County Suicide Prevention Coalition's website at www.franklincountyspc.org

Suicide & Crisis Lifeline:

Call or text 988

Crisis Text Line:

Text "4hope" to 741741

Franklin County Youth Psychiatric Crisis Line:

614-722-1800

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