

Annual IBD Office Visit

All patients with **Inflammatory Bowel Disease (IBD)** will have a comprehensive office visit once a year with the multidisciplinary medical team in place of a regular office visit.

Here are some examples of what to expect from each team member:



Nurse Practitioner

- Complete medical visit, including ordering needed tests and refills
- Help with transition readiness starting ~14 years of age and coordinate transfer to adult care when appropriate



Psychology Provider

- Screen for depression, anxiety and quality of life
- Connect patients with appropriate resources for their needs



Social Worker

- Assist with accommodations for school and/or work
- Provide support for financial, insurance or other barriers to care



Dietitian

- Support patients in meeting weight and nutrition goals
- Educate families regarding diet options for treatment of IBD

Ask your provider for more information.



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