Annual IBD Office Visit

All patients with **Inflammatory Bowel Disease (IBD)** will have a comprehensive office visit once a year with the multidisciplinary medical team in place of a regular office visit.

*Here are some examples of what to expect from each team member:*

**Nurse Practitioner**
- Complete medical visit, including ordering needed tests and refills
- Help with transition readiness starting ~14 years of age and coordinate transfer to adult care when appropriate

**Psychology Provider**
- Screen for depression, anxiety and quality of life
- Connect patients with appropriate resources for their needs

**Social Worker**
- Assist with accommodations for school and/or work
- Provide support for financial, insurance or other barriers to care

**Dietitian**
- Support patients in meeting weight and nutrition goals
- Educate families regarding diet options for treatment of IBD

Ask your provider for more information.

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