Health Related Social Needs Resources

Here are some resources that may be able to help if you and your family would like help with housing, food, transportation or utilities!

**Resources When You Need Help Right Away**
- **Homeless Hotline**
  1 (888) 4-SHELTR
- **Emergency Food**
  (614) 341-2282 (M-F; 8 a.m. to 4 p.m.)
  Text “food” to (614) 702-7772
  Dial 2-1-1 for 24-hour help
- **Utilities** (gas, electric, phone, water)
  Dial 2-1-1
- **Transportation**
  Dial 2-1-1

**Resources To Help At Other Times**
- **CAP4Kids** website has resources for children and families. Choose your language and search “housing,” “food,” “transportation” or “utilities” for help.
  CAP4Kids.org/Columbus
- **HandsOn Central Ohio** is a free call service that helps people find many different resources. They are open 24 hours a day, 7 days a week!
  HandsOnCentralOhio.org or just dial 2-1-1 for help!
- **Contact Ohio Benefits Bank (“Consumer Assistance Hotline”)** to find resources to help meet basic needs. You can search by zip code to find help in your area.
  Someone can help you find out how to get help.
  OhioBenefits.org or call 1(800) 648-1176 (M-F; 8 a.m. to 4:30 p.m.)
- **Contact your insurance provider** for transportation help. Your insurance provider may help you get to and from medical appointments.

**Resources Outside of Franklin County or Ohio**
- **Find your local Ohio Department of Jobs and Family Services** office.
  jfs.ohio.gov OR for other states, usa.gov/benefits
- **Contact your local United Way** to find resources.
  UnitedWay.org/find-your-united-way.
- **Call your local 2-1-1** organization to find resources.
  211.org

**Other Community Agencies that May Link You To Help**
- **Muslim Family Services of Ohio**
  (614) 470-2848 | help@mfsohio.org
- **Ohio Hispanic Coalition**
  (614) 840-9934
- **Ethiopian Tewahedo Social Services (ETSS)**
  (614) 252-5362 | info@ethiotss.org
- **Bhutanese Nepali Community of Columbus (BNCC)**
  (614) 396-8965
- **Asian American Community Services (AACS)**
  (614) 220-4023
- **Somali Community Association of Ohio**
  (614) 262-4068

If you have other questions or concerns please ask your health care team.