

# Health Related Social Needs Resources

Here are some food, housing, utilities, and transportation resources that may be able to help you and your family!

## Resources Related To COVID-19

- **CAP4Kids** website has updated COVID-19 resources to help with housing, food, unemployment, and more!  
CAP4Kids.org/Columbus/coronavirus
- For answers to questions like how to prepare and protect your family OR what to do if you think you are sick, visit [Coronavirus.gov](https://www.coronavirus.gov) or [Coronavirus.Ohio.gov](https://www.coronavirus.ohio.gov).



## Resources When You Need Help Right Away

- If currently **homeless** (no safe place to spend the night) - (614) 274-7000. If risk of future homelessness - dial 2-1-1
- **Emergency Food** - (614) 341-2282 (M-F; 8 a.m. to 4 p.m.), text “food” to (614) 702-7772, or dial 2-1-1



- **Utilities** (gas, electric, water) and **Transportation** - dial 2-1-1



## Resources To Help At Other Times

- Visit the **CAP4Kids** website, choose your language, and search for “housing,” “food,” “transportation,” or “utilities” for help. CAP4Kids.org/Columbus
- Contact **Ohio Benefits System** to manage or apply for benefits such as food and healthcare. [Benefits.Ohio.gov](https://Benefits.Ohio.gov) or call (844) 640-OHIO (6446) or (614) 233-2000



- **HandsOn Central Ohio** is a free call service that helps people find resources. [HandsOnCentralOhio.org](https://HandsOnCentralOhio.org) or dial 2-1-1 24- hours, 7 days a week
- Contact your insurance provider, who may help you get to and from medical appointments



## Resources Outside of Franklin County or Ohio

- Find your local **Ohio Department of Jobs and Family Services** office.  
[jfs.ohio.gov](https://jfs.ohio.gov) OR for other states, [usa.gov/benefits](https://usa.gov/benefits)
- Contact your local **United Way** to find resources.  
[UnitedWay.org/find-your-united-way](https://UnitedWay.org/find-your-united-way).
- Call your local **2-1-1** organization to find resources. [211.org](https://211.org)

## Other Community Agencies that May Link You To Help

**Muslim Family Services of Ohio**  
(614) 470-2848 | [help@mfsOhio.org](mailto:help@mfsOhio.org)

**Ohio Hispanic Coalition**  
(614) 840-9934

**Ethiopian Tewahedo Social Services (ETSS)**  
(614) 252-5362 | [info@ethiotss.org](mailto:info@ethiotss.org)

**Bhutanese Nepali Community of Columbus (BNCC)**  
(614) 396-8965

**Asian American Community Services (AACS)**  
(614) 220-4023

**Somali Community Association of Ohio**  
(614) 262-4068

**If you have other questions or concerns please ask your health care team.**



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