

700 Children's Drive  
Columbus, Ohio 43205-2696  
nationwidechildrens.org

## BURN PREVENTION ACTIVITIES

Burns are a common injury to children. Each year thousands of children are treated in the hospital for burns. Most burns can be prevented by learning how to escape a fire and by removing fire hazards from the home.

### HOW TO ESCAPE A FIRE IN YOUR HOME

If a fire starts in your home, **get out quickly** and call the Fire Department or 9-1-1 from a neighbor's house. Here are some other important points to remember:

1. If clothing catches fire **STOP, DROP, AND ROLL** (Picture 1). Do not run!
2. Wrap a rug, blanket, or coat around you if one is easy to reach. Cover your face with your hands.
3. Roll slowly on the floor or ground until the fire is out.

### IF SMOKE IS COMING UNDER THE DOOR

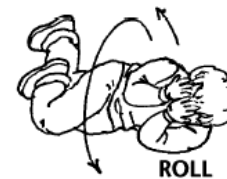
1. Do not open the door.
2. Escape through another door or a window.

### HOW TO ESCAPE A SMOKY PLACE

1. Cover your face with a cloth and breathe through your nose.
2. Crawl, do not walk. Keep low to the floor to escape heat and smoke.

### TEST DOORS BEFORE OPENING THEM

1. If you think there is a fire on the other side of the door, do not open it.
2. Feel the door. If it is hot, look for another way to escape.
3. Keep your head turned away from the door opening.
4. Slowly open the door a crack. After pressure is released, get down on your hands and knees and crawl cautiously to safety.



**Picture 1** If your clothes are on fire, stop, drop, and roll.

### IMPORTANT POINTERS

- Do not jump out of windows if you are higher than the second floor. Jump only as a last resort onto a **safe** area, such as grass or bushes and **not** onto a fence. Jump "feet first."
- **Smoke detectors save lives!** Use them on each floor of your home. Change the batteries twice a year (when you change your clocks for daylight savings time).
- Practice an escape plan so you can make sure everyone is out. Make sure each family member knows the "meeting place" outside your house (like a certain tree, a fence, etc.)

### FIND THE THINGS THAT CAN BURN

In this house are things that can cause burns. Find these dangers. Draw a line from the word to the place in this house where the danger is. (The first one is done for you.) After completing this puzzle, use it as a guide to remove burn hazards from your home. Make it a family project to explore your home. Plan and practice a fire escape plan with your family.

Smoking in bed

Child chewing on electrical cord

Electric space heater

Hot floor register

Fireplace without a screen

Matches or lighter

Unattended trash fire

Unattended barbecue fire

Improperly stored gasoline

Piles of paper

Hot tail pipes

Hot water

Appliances near water

Toilet bowl cleaner

Dangling electrical cord

Chemicals, cleaning supplies

Curtain over stove

Pot handles turned out

Hot burners on stove

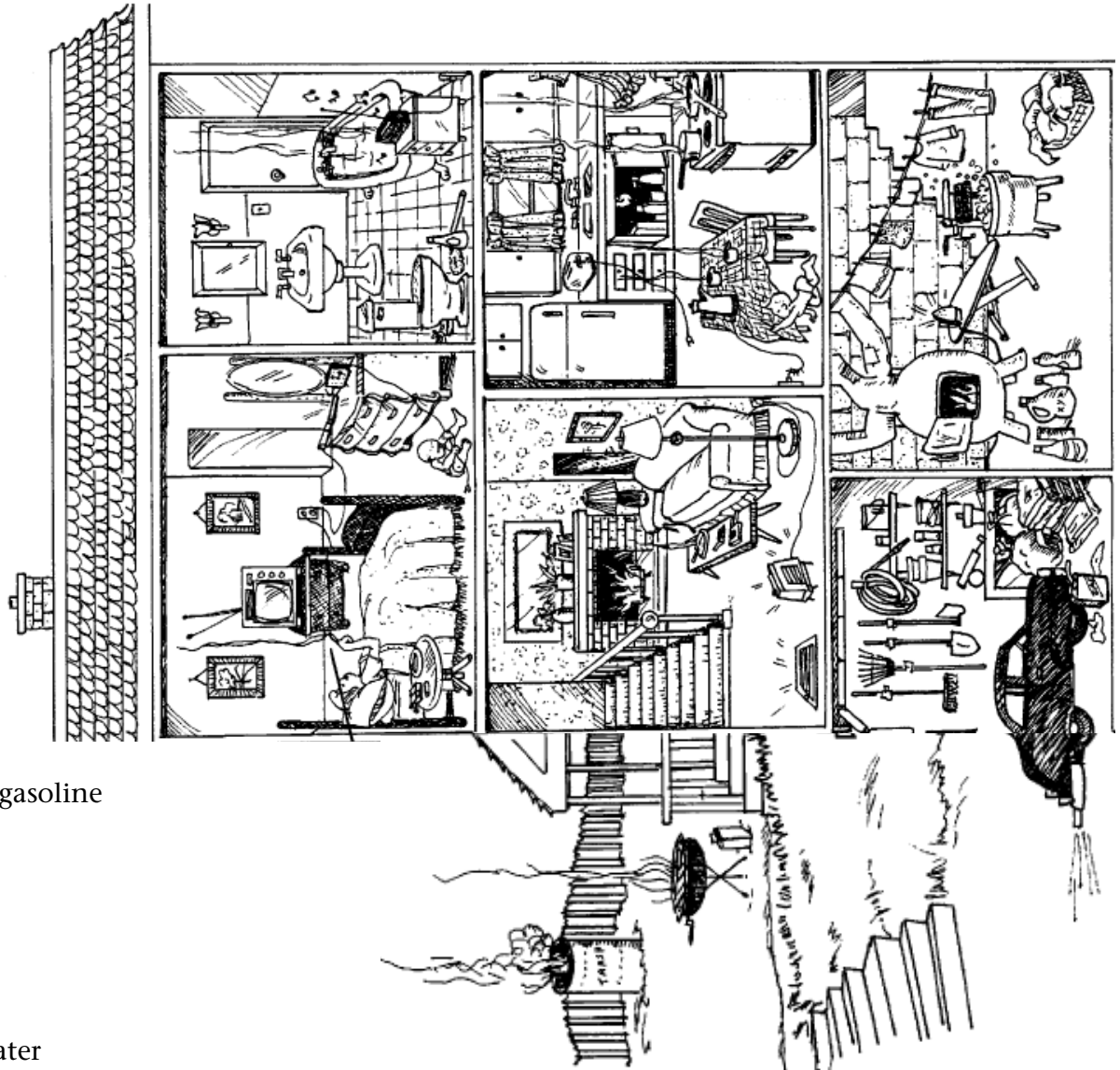
Hot coffee or soup on dangling tablecloth

Frayed electrical cord

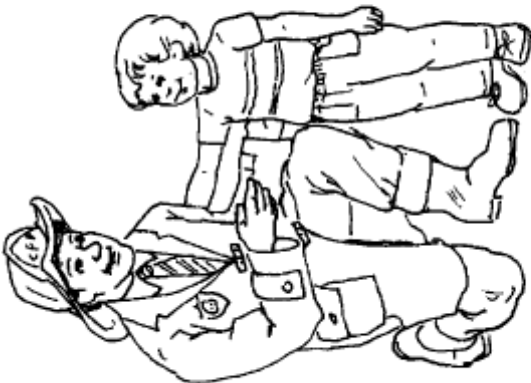
No grille around furnace

Hot iron

Exposed chemicals around furnace



**FIREFIGHTERS HELP IN MANY WAYS**



The Central Ohio Firefighters work hard to put out fires if they happen. They raise money to help care for kids on the Firefighters' Burn Unit of Children's Hospital. If you want your home inspected for fire hazards, call this number: 222-7641. (If you live outside Columbus, call your local fire department.)

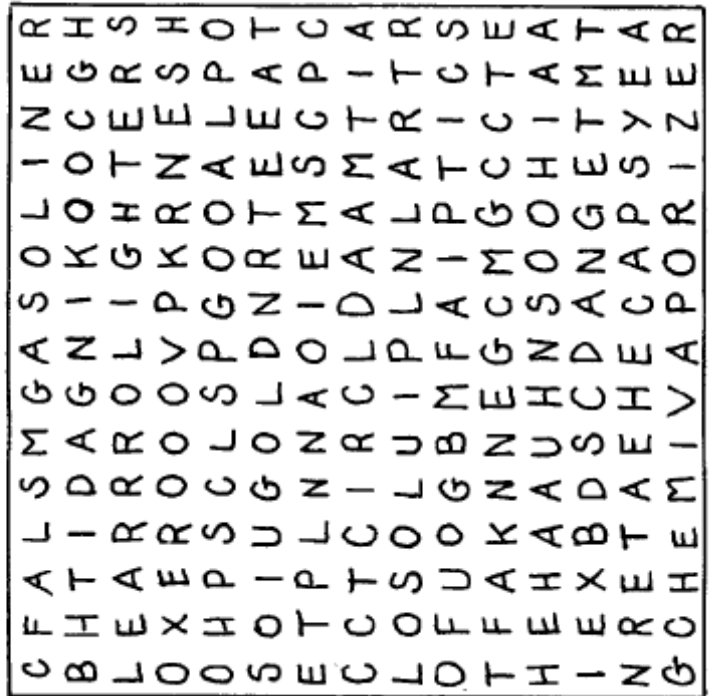
**Important Phone Numbers**

Fire Department \_\_\_\_\_  
 Emergency Squad \_\_\_\_\_  
 Other \_\_\_\_\_  
 Police Department \_\_\_\_\_  
 Central Ohio Poison Center at (614) 228-1323

**LOOP-A-WORD**

Draw a loop around the words in the puzzle that have to do with burn injuries. Words can be up and down, across, diagonal, or backwards.

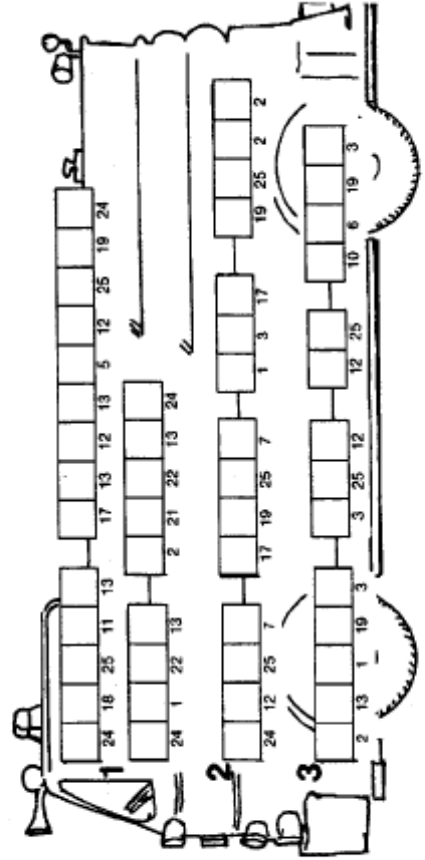
- MATCHES
- SCALDING
- GASOLINE
- CHARCOAL LIGHTER
- LOOSE CLOTHING
- COOKING
- LIGHTERS
- HOT CAR SEAT
- FLAME
- VAPORIZER
- ELECTRICITY
- SPACE HEATER
- EXHAUST PIPE
- DANGLING CORDS
- SUNBURN
- CHEMICALS
- IRON
- HOT COFFEE
- STOP
- DROP
- ROLL



**ABC'S OF FIRE SAFETY**

Match the numbers in the puzzle with the letters of the alphabet to find 3 important sayings about preventing bu

- A-1 F-4 K-11 P-7 U-6 Z-23
- B-10 G-16 L-2 Q-15 V-22
- C-5 H-8 M-18 R-19 W-26
- D-17 I-21 N-3 S-24 X-14
- E-13 J-9 O-25 T-12 Y-20



(Puzzle answers are on Page 4.)

