



Adolescent Health

The Section of Adolescent Health at Columbus Children's Hospital has been providing general and specialty care for adolescents for more than 40 years. The staff is expert in all aspects of health care for adolescents with an emphasis on primary care, sexual health care, substance abuse assessment, assessment and management of adolescents with complex physical-psychological problems, and adolescents with other complex health problems. Adolescents are seen in the Adolescent Clinic each weekday. In addition, the clinic hosts a consultation gynecology clinic for children and adolescents one half-day per week. Outreach services are provided at the Center for Young Women's Health in the Dublin *Close To Home*SM Health Care Center and at the Franklin County Juvenile Detention Center. Consultations are also offered for substance abuse assessments and for chronic unexplained symptoms.

The section has a staff of three physicians, all specially trained in adolescent medicine. Dr. Robert Brown and Dr. Cynthia Holland-Hall are board certified in

adolescent medicine and Dr. Peter Rogers in addiction medicine. Other staff includes nurse practitioners, nurses and a social worker. The section also cares for adolescents admitted to Columbus Children's Hospital with problems as diverse as complicated gynecological conditions and drug overdoses.

Teaching is a major effort of the section. All residents in Children's Hospital's programs spend one concentrated month in the Clinic, as well as several additional sessions in the Clinic at other times. The section provides an educational venue for family practice residents from the city's several training programs, for third- and fourth-year medical students, for nurse practitioner students, nursing students and social work students. The section also participates in many and varied research activities including trials of medicines for teens, and assessments of adolescent satisfaction with contraception methods symptoms, the health of young women and international adolescent health.



Robert T. Brown,
MD, Chief

STAFF PHYSICIANS AND FACULTY

Cynthia M. Holland-Hall,
MD, MPH

Peter D. Rogers, MD, MPH

CLINICAL, TEACHING AND RESEARCH INTERESTS

Robert T. Brown, MD, is Professor of Clinical Pediatrics and Clinical Obstetrics and Gynecology at The Ohio State University College of Medicine and Chief of the Section of Adolescent Health at Columbus Children's Hospital, a position he has held for more than 20 years. He is Medical Director of the Franklin

County Juvenile Detention Center and Medical Director of the Ohio Youth Advocate Emergency Shelter Care Group Homes. Dr. Brown also is the Medical Director of the Stecker International Scholar Program. He was Medical Director of the Ohio Department of Youth Services from 1986 to 1991. Dr. Brown is a past Chair of the Section on Adolescent Health of the American Academy of Pediatrics, a former Executive Board Member of the Society for Adolescent Medicine, first President of the Ohio Valley Chapter of the Society for Adolescent Medicine, and the first pediatrician to be the President of the North American Society for Pediatric and Adolescent Gynecology. In 2004, he received the Adele Dellenbaugh Hofmann Award of the Section on Adolescent Health of the American Academy of Pediatrics for lifetime contributions to his specialty. He will become President of the Society for Adolescent Medicine in the spring of 2006. He is the author of many articles and is co-author of four



textbooks on adolescent medicine. Dr. Brown's particular interests include juvenile justice health care, chronic unexplained symptoms, the health of young women and international adolescent health.

Cynthia M. Holland-Hall, MD, MPH, received an undergraduate degree in Industrial Engineering and Operations Research from the University of Michigan, and her MD from the University of Chicago Pritzker School of Medicine. She performed her pediatrics internship and residency at Children's Hospital of Pittsburgh, where she stayed on for an additional three-year fellowship in Adolescent Medicine. During fellowship, she also obtained a master's degree from the University of Pittsburgh Graduate School of Public

Health; her master's thesis reported on her work using less-invasive means of screening for sexually transmitted infections in high-risk adolescent girls. Dr. Holland-Hall joined the faculty of The Ohio State University College of Medicine in 2000 as an Assistant Professor of Clinical Pediatrics in the Section of Adolescent Medicine at Columbus Children's Hospital. In addition to her love of teaching, Dr. Holland-Hall's professional interests include the health and well-being of young women. She is an active member of the North American Society for Pediatric and Adolescent Gynecology, the Society for Adolescent Medicine and the American Academy of Pediatrics. Dr. Holland-Hall has a particular interest in sexually transmitted infections, eating disorders, and sexuality and reproductive health in young people with developmental disabilities. She has coauthored two texts on adolescent medicine.

Peter D. Rogers, MD, MPH, FAAP, FASAM, is a Clinical Associate Professor of Pediatrics at The Ohio State University College of Medicine and is certified in Addiction Medicine and board certified in Pediatrics. His subspecialty is assessing and treating substance-abusing teenagers and their families. Dr. Rogers has been involved in the treatment of more than 2,500 substance-abusing teenagers during the past 20 years. He has co-authored and edited numerous books and articles on adolescent substance abuse and has spoken at several national conferences on adolescent substance abuse. Dr. Rogers has served on the Committee on Substance Abuse of the American Academy of Pediatrics and has written Policy Statements for the Academy on the topics of marijuana and ecstasy. He is Chairman of the Pediatrics Committee of the American Society of Addiction Medicine, on the Advisory Board of the Partnership for a Drug-Free America, and is a former member of the Franklin County ADAMH Board (Alcohol, Drug Addiction, and Mental Health Services). He now serves on the Board of Maryhaven.



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PUBLICATIONS

Brown RT and Braverman PK. Contraception and Adolescents. In *Adolescent Medical Clinics*, 2005.

Strasburger V, **Brown RT**, **Holland-Hall C**, **Rogers P** and Braverman P. Commonly prescribed medications. In *Manual of Adolescent Health Care*, 2005.

Strasburger V, **Brown RT**, **Holland-Hall C**, **Rogers P** and Braverman P. Headache. In *Manual of Adolescent Health Care*, 2005.

Strasburger V, **Brown RT**, **Holland-Hall C**, **Rogers P** and Braverman P. Mood and anxiety disorders. In *Manual of Adolescent Health Care*, 2005.

Strasburger V, **Brown RT**, **Holland-Hall C**, **Rogers P** and Braverman P. Sexually transmitted infections. In *Manual of Adolescent Health Care*, 2005.

Strasburger VC, **Brown RT**, Braverman PK, **Rogers PD**, **Holland-Hall CM** and Coupey SM. *Adolescent Medicine: A Handbook for Primary Care*, 2005.

PRESENTATIONS AND TEACHING ACTIVITIES

Robert T. Brown, MD

Injuries and Violence in Adolescent Males, International Association for Adolescent Health, Lisbon, Portugal, May 11-14, 2005*

Male Genitourinary Disorders, AM-PREP, Scottsdale, Arizona, September 21-24, 2005

Cynthia M. Holland-Hall, MD

Sexually Transmitted Diseases, American Academy of Pediatrics National Conference and Exhibition, Washington, D.C., October 7, 2005

Peter D. Rogers, MD, MPH

ADHD in Adolescents, Conference Chair, Children's Hospital Education Center, Columbus, Ohio, September 29, 2005

*Denotes international presentations

AWARDS AND HONORS

Robert T. Brown, MD

Elected President (beginning 2006), The Society for Adolescent Medicine

Associate Editor, *Adolescent Medicine: State of the Art Reviews*

Editorial Board, *Journal of Pediatric and Adolescent Gynecology*

Executive Committee, American Academy of Pediatrics – Section of Adolescent Health, National Conference and Exhibition Planning Group, 2005

Cynthia M. Holland-Hall, MD

Abstract Review Committee, North American Society for Pediatric and Adolescent Gynecology

Leader, Special Interest Group for Education in Adolescent Health, Society for Adolescent Medicine

Peter D. Rogers, MD, MPH

Executive Editorial Board, *Principles of Addiction Medicine*

FAST FACTS

Adolescent Medicine Clinic Visits: 6,173

Dublin Adolescent Medicine Clinic Visits: 439

Inpatient Consults: 56