



Holly and Ray are attempting to do what many parents take for granted – feed their baby girl.

Almost two out of every 10 newborns, like Clementine, have trouble feeding. Currently learning how to take a bottle, she receives most of her nourishment through a feeding tube. But at Nationwide Children's Hospital, Clementine benefits from years of unparalleled research by one of the world's leading experts on infant feeding disorders – Sudarshan Jadcherla, MD. A nationally-renowned neonatologist here at Nationwide Children's, he has dedicated his career to the study of feeding disorders and is pioneering a revolutionary approach to treatments that are unique to each baby and their individual challenges. Which means infants like Clementine can be diagnosed accurately and begin receiving treatment. And anxious parents, like Holly and Ray, can bring their baby home even sooner.

**Pediatric
HealthSource**

Could spitting up be a symptom of a bigger problem?

It's normal for babies to occasionally spit up small amounts of formula after a feeding, but for babies with a condition known as GERD (Gastroesophageal Reflux Disease), breast milk or formula regularly refluxes into the esophagus and sometimes out of the mouth. Because stomach contents are part of what's refluxed, the esophagus can become irritated, resulting in esophagitis, which is sometimes associated with swallowing and breathing difficulties.

The most common signs that your child may have GERD:

- Pain, irritability or constant or sudden crying after eating
- Frequent spitting up or vomiting after eating
- Disturbed sleep
- Poor weight gain or weight loss

If your child experiences any of these symptoms, contact your pediatrician.

Content provided by

 **NATIONWIDE
CHILDREN'S
HOSPITAL™**