MyHealth Program: Referral Criteria

Inclusion Criteria

- BMI $\geq$ 85th percentile

Exclusion Criteria: at Provider's Discretion

- Early onset obesity PLUS long standing weight gain
- BMI > 40
- Family not concerned about weight
- Severe behavioral problems with associated obesity
- Presence of fatty liver
- Signs/Symptoms of PCOS
- Poor receptivity and unresponsive