

# Potential Measures

<p><b>Clinical/ QI Measures</b></p>	<ul style="list-style-type: none"> <li>• 75% of children with well child visit and BMI <math>\geq</math> 85th percentile with a diagnosis of obesity and physician identification on problem list</li> <li>• 65% of children seen in obesity session who have had recommended labs</li> <li>• 75% of children seen in obesity session who have had recommended counseling</li> <li>• 80% of children seen in obesity session who have had recommended counseling</li> </ul>
<p><b>Administrative</b></p>	<ul style="list-style-type: none"> <li>• &lt;25% no show rate in obesity session</li> <li>• 75% follow-up rate for second visit in obesity session</li> <li>• 60% completion rate (definition pending)</li> </ul>
<p><b>Anthropometric</b></p>	<ul style="list-style-type: none"> <li>• BMI, BMI z-score, weight</li> <li>• Exploratory outcomes using expert committee guidelines as benchmarks</li> </ul>
<p><b>Nutrition/ Physical Activity</b></p>	<ul style="list-style-type: none"> <li>• Frequency of physical activity outside of gym class</li> <li>• Minutes per day of physical activity</li> <li>• Hours/day watching TV/using the computer/playing video games</li> <li>• Days per week eating breakfast</li> <li>• Times per week eating family meals at the dinner table</li> <li>• Frequency of Eating Vegetables, Fruits, Fried Foods, Fast Food, 100% Juice, Flavored Drinks, Sports Drinks, Regular Soda and Milk</li> <li>• Eating too large of portions</li> <li>• Eating a lot of fried food</li> <li>• Eating two or more helpings of food</li> <li>• Drinking several high calorie beverages daily</li> </ul>



**NATIONWIDE CHILDREN'S**  
*When your child needs a hospital, everything matters.<sup>SM</sup>*