First Aid for Poisonings

If	Do	Call
Someone collapsed, having seizures or stopped breathing	→	**911** or your local emergency number
Swallowed the wrong medicine or too much medicine	Bring the person and the poison to the phone if possible … →	POISON Help 1-800-222-1222
Inhaled a poison	Get to fresh air right away … →	
Poison in the eyes	Start rinsing eyes with running water … →	
Poison on the skin	Take off any clothing touched by the poison. Start rinsing skin with running water … →	
Swallowed something that is not food or medicine	→	

…… Keep this on your refrigerator and ask for a wallet card to have this info on hand at all times! ……

Emergency Contacts

Contact	Phone Number	Notes
Police/Fire/EMS	911	
Poison Center	1-800-222-1222	