

Updated CDC Recommendations on use of Tamiflu

The CDC updated the recommendations for use of Tamiflu. Instead of stating that children < 5 years of age are at high risk for influenza complications, CDC now states that children < 2 years of age are at high risk for influenza complications.

Groups at High Risk for Influenza Complications:

- Children younger than 2 years old;
- Adults 65 years of age or older
- Pregnant women and women up to 2 weeks postpartum (including following pregnancy loss)
- Persons with the following conditions:
 - Chronic pulmonary (including asthma), cardiovascular (except hypertension), renal, hepatic, hematological (including sickle cell disease), or metabolic disorders (including diabetes mellitus);
 - Disorders that that can compromise respiratory function or the handling of respiratory secretions or that can increase the risk for aspiration (e.g., cognitive dysfunction, spinal cord injuries, seizure disorders, or other neuromuscular disorders)
 - Immunosuppression, including that caused by medications or by HIV;

The entire document is available at <http://www.cdc.gov/H1N1flu/recommendations.htm>.

(last updated October 19, 2009)