NATIONWIDE CHILDREN'S HOSPITAL℠

700 Children's Drive
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nationwidechildrens.org

HELPING HAND™

MEDICATIONS: HOMEGOING INSTRUCTIONS

MEDICATION

Generic Name: _____ Brand Name: _____

THIS MEDICINE IS USED FOR:

_____

_____

REMEMBER

- Read the label **each time** before giving your child this medicine.
- Wash and dry your hands before handling the medicine.
- If the medicine is a liquid, use a pediatric measuring device (available at the pharmacy) or a measuring spoon to measure the exact dose. Do not measure liquid medicines in kitchen spoons.
- Some liquid medicines (called *suspensions*) need to be shaken well before measuring so that the correct dose is given. If the pharmacist places a "shake well" label on the bottle, shake the medicine for at least 30 seconds each time it is given.
- Give the **exact amount** of medicine that your doctor ordered.
- **Stay with your child until he or she has swallowed the dose of medicine.**

DOCTOR'S ORDER

Child's name _____

Date _____ Age _____ Weight _____

- Your child's dose is _____ mg.
- If your child takes liquid medicine, this dose is _____ ml.
- If your child takes pills, this dose is _____ tablet(s)/capsule(s).
- Give a dose _____ time(s) a day at the following time(s):

_____

- Special Instructions: _____

_____

FOOD/DRUG INTERACTIONS

Your child should not have (name of food or drug)_____ while taking this medicine.

WHAT TO DO IF YOU FORGET TO GIVE A DOSE

- **Do not** give 2 doses at the same time. Give the next dose at the regularly scheduled time.
- Special instructions: _____

_____

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WHAT TO DO IF A DOSE IS VOMITED

- **Do not** repeat the dose. Give the next dose at the regularly scheduled time.
- Special instructions: _____

_____

POSSIBLE SIDE EFFECTS

_____

_____

_____

WHEN TO CALL THE DOCTOR

Call your child's doctor if any of the following occurs:

- If your child has any of these side effects: _____

_____

_____

- If 2 doses in a row of this medicine are missed.
- If your child has vomited 2 doses in a row of this medicine.

STORAGE OF MEDICINE

- **Store all medicine out of the reach of children.**
- Light, heat, and moisture destroy the effectiveness of most medicines. Keep the container tightly capped and store in a dark, dry place (not in the bathroom or above the kitchen sink).
- Ask the pharmacist if the medicine should be kept in the refrigerator. If the medicine is left out of the refrigerator for more than a few hours, call the pharmacist before giving the medicine.

OTHER INFORMATION AND SAFETY

- The doctor has prescribed this medicine for your child **only**.
- Do not stop giving this medicine or change the amount given without first talking with your child's doctor.
- If the prescription is to be refilled, be sure to do this before the last dose is given.
- If your child becomes drowsy, do not let him ride a bike or operate machinery (such as a lawn mower or car), or take part in any activities that require concentration.
- Tell your child's teacher, school nurse, coach, baby sitter, and others that your child is taking this medicine and what side effects to watch for.
- Bring all your child's medicines with you (in the original containers) whenever your child sees a doctor, goes to an emergency room, or is admitted to the hospital. This helps doctors who may not know your child.
- Do not use this medicine after the expiration date printed on the bottle.
- When your doctor decides the medicine is no longer needed, flush the remaining medicine down the toilet.
- **If your child takes too much of this medicine, or if someone else takes this medicine, first call the Central Ohio Poison Center at 1-800-222-1222**. They will tell you what to do.

If you have any questions, be sure to ask your doctor, nurse, or pharmacist.