



# Healing Treasures

*The only program in Columbus  
targeting the specific needs of  
sibling grief.*



NATIONWIDE  
CHILDREN'S  
HOSPITAL<sup>SM</sup>

**H**ealing Treasures is a six-week family centered program to help brothers and sisters who have experienced the death of a sibling.

Children are under the guidance of Child Life professionals and are given opportunities to express their feelings through a variety of activities while gaining peer support.

Pastoral Care facilitates a parent group, which runs in conjunction with the children's group, for their own time of reflection and creative expression.



*"I just want daddy to play with me like he used to."*

*"Your brother died too?"*

## **Siblings**

The group is a safe place to learn how to express difficult or confusing feelings, clarify any misconceptions, share ideas to promote positive coping and strengthen the bonds within the family. Children must be at least three years of age to participate in the program.

*"Kids at school don't understand."*

## Parents and Guardians

While children meet for their time of "treasure seeking", parents and guardians meet to learn about and share their grief experiences. Each week topics are presented to help participants understand that grief is unique to each individual family member. Families gain a better understanding of how each family member expresses grief. Our goal is to help identify the treasures or strengths within each family member to provide the necessary tools to facilitate healing as your journey as a family continues.

## Weekly Themes for Each Group


Week 1	Getting to Know You
Week 2	The Sibling Experience
Week 3	Remembering
Week 4	Feelings
Week 5	Rebuilding
Week 6	Sailing on

*"Mommy cries a lot.  
Did I make her cry?"*

### **For more information contact:**

Nationwide Children's Hospital Pastoral Care  
(614) 722-5250

[PastoralCare@NationwideChildrens.org](mailto:PastoralCare@NationwideChildrens.org)



Nationwide Children's Hospital  
700 Children's Drive  
Columbus, Ohio 43205

