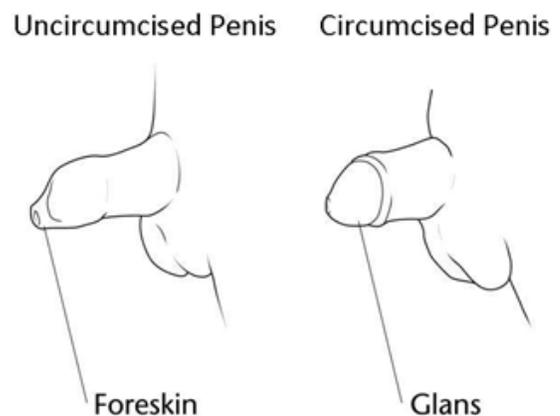


## Circumcision Home Going Instructions

A circumcision (sir cum SI zhun) is the surgery to remove the foreskin (extra skin) at the end of the penis (Picture 1).

After the circumcision,

- The penis has a clear plastic dressing around it.
- This dressing may fall off on its own during the first two days after surgery. If it does not, soak the area in warm water for at least 15 minutes or until the dressing loosens. Then gently remove the dressing from the penis.
- Once the dressing is removed, generously apply triple antibiotic ointment (Neosporin®) to the area several times a day.
- You may see stitches. These will dissolve over the next few weeks.



**Picture 1**

### What to Watch For

- Bleeding — spots of blood under the glue are normal. If you see a continuous ooze of blood, call the office. Use gentle pressure to stop oozing.
- Infection — fever, worsening redness and pain or greenish drainage from the incision may be signs of infection. Call the office immediately.

### Pain Control

- Most boys will have some pain for 6 to 8 hours after surgery.
- If your son is uncomfortable, you may give him Tylenol® (see HH-V-58 Acetaminophen) every 4 hours as needed, or other pain medicine as prescribed by his doctor for the first 3 days after surgery.
- If your child is playful or active, you can assume he is comfortable.
- Check for soft daily bowel movements after surgery. Constipation can cause increased pain for your son.

## **Diet**

- Your child may have nausea and vomiting after the surgery.
- Your child may have clear liquids when he wakes up. Start with clear juices, water, Pedialyte<sup>®</sup> or popsicles. When your child can keep these down, slowly add foods he regularly eats.

## **Activity**

- Your child should avoid straddle toys for two weeks.
- There are no other restrictions.

## **Bathing**

Resume your child's normal bathing routine after two days.

## **Follow-up Appointment**

Your child needs to be seen four weeks after surgery. Call the office at (614) 722-6630, option 3, to schedule your child's post-surgery visit.