



## “THINK FAST” First Aid Prompts

**Directions for skits:** In groups of about 5 (teacher’s choice), prepare and act out what you would do to care for an injured person in the following situation. Each group’s skit should be between 1 and 3 minutes long. Remember, with an eye injury you have to THINK FAST to preserve your one pair of eyes! (If you need help with the proper first aid, see the Power Point Presentation for your assigned injury, or see the document “THINK FAST PPP Text Only.doc” for quick answers).

### CHEMICAL

1. The mosquitoes are out and everyone is using insect repellent. Some accidentally gets in your eye. What do you do?
2. You knock something off the workbench in the garage, but it shatters on the concrete floor as you try to catch it, and splashes you in the face. You don’t know if your eye stings from the liquid or possibly glass shards. What do you do?
3. You’re hanging out with cousins during a holiday get-together and you are board. One claims that air freshener sprayed into the eyes will blind you for only 4 seconds. Another cousin tries to prove him wrong before you can stop her, and is screaming in pain. What do you do?
4. You are swimming in your neighbor’s pool and your eyes begin to burn. What do you do?
5. You’re helping your uncle change the battery in the car he’s restoring, and one of the batteries gets knocked over, splashing acid in your uncle’s face (he let you wear his only pair of goggles). He yells words we cannot repeat in this classroom. What do you do?

### IMPACT

- 1.. You’re winning the soccer game when your teammate is hit hard right next to his eye. He is seeing blinking lights. What do you do?
2. You are hammering together wood and metal for a science project. Your mom comes out to call you to dinner and a splinter flies up and hits her in the eye. What do you do?
3. You are babysitting and the child (despite your warnings) jumps on the couch, flying off and bashing her eye on the corner of the coffee table. What do you do?

## LIGHT

1. Your little brother finds an old pocket laser and shines it in your eyes while you are watching TV. Your eyes are watering and you are developing a headache and see floaters. What do you do?
2. You went on a long ski trip over winter break. The snow was beautiful and there was brilliant sunshine every day, but you didn't wear UV-blocking goggles. Now your vision seems a little blurry and bright lights seem to bother you now. What do you do?
3. You are working answering phones at a salon. A customer emerges from the tanning bed area, seeing spots. What do you do?

## HEAT

1. For your Aunt's 50<sup>th</sup> birthday, someone lit the cake up with sparklers instead of candles. Hot sparks spray and your grandmother runs into the kitchen holding her eye. What do you do?
2. You are watching your dad solder together some wires. A bug flies into his view and in brushing it away, he accidentally flicks some hot solder into your eye. What do you do?
3. There was a strange smell coming from the oven. You unlocked it and looked inside, not realizing it was in high-heat self-clean mode. You jumped back from the heat blast, but now your face and eyes hurt. What do you do?

## INFECTION

1. You were swimming in a pond on vacation and now your contacts feel uncomfortable when you try to put them in. What do you do?
2. You were extra tired last night so you went to bed early. You wake up in the morning for school with a crusty goop that is almost sticking your eyelids together. What do you do?
3. Last weekend you were in the play, and the makeup person used the same eye-liner on several people to save time and money. Now your eyes feel itchy. What do you do?