Young Women's Contraceptive Services

The Section of Adolescent Medicine at Nationwide Children's Hospital is now offering comprehensive, outpatient contraceptive services for adolescent girls and young women. Our program offers a full spectrum of family planning services including contraception counseling and access to a wide range of contraceptives provided to patients in a teen-friendly environment. We also test and treat sexually transmitted infections.

During a visit, our experienced staff will address reproductive health questions and concerns, as well as provide counseling and education in a patient-centered approach. Adolescents and their parents or guardians are empowered to select contraceptives best suited for their individual needs.

Featuring New Contraceptive Options

Both of these are available for eligible adolescents and young adults.

Intrauterine Device

- Recommended by ACOG, SAHM, AAP for use in adolescents
- Safe
- Highly effective
- Lasts 3-10 years
- Completely reversible

Nexplanon (subdermal implant)

- Safe
- Highly effective
- No pelvic exam required
- Lasts 3 years
- Completely reversible

For your patient's convenience, evening and weekend appointments are available. Minors must have a parent or guardian present during their first visit.

Elise D. Berlan, MD, MPH, FAAP, is an attending physician in Adolescent Medicine at Nationwide Children's Hospital and board certified in both Pediatrics and Adolescent Medicine. She has been recognized as a Best Doctor in America in Adolescent Health and Adolescent Gynecology and is ranked as a top doctor (top 1 percent in specialty by peer nomination) by U.S.News & World Report. Dr. Berlan graduated from the University of Iowa Carver College of Medicine, completed her residency at the Children's Hospital of Philadelphia and her fellowship in adolescent medicine at Boston's Children's Hospital.

These services are offered at:
*Close To Home*SM Center
495 E. Main Street.
Columbus, Ohio 43215

Referrals and Consultations
Online: NationwideChildrens.org
Fax: (614) 722-4000
Phone: (614) 722-6200

Physician Direct Connect Line
for 24-hour urgent physician consultations: (614) 355-0221 or (877) 355-0221

NATIONWIDE CHILDREN'S
*When your child needs a hospital, everything matters.*SM