Fever Diary

When keeping a fever diary, it is important to keep a daily log while your child has the fever. Look at the example below. Write down the date and time of the fever, the temperature and where it was taken (example: under the arm, in the mouth, or rectally.) While your child has a fever, look for ulcers inside of the mouth, a red or sore throat, and swollen nodes (lumps) under the jaw. Also, write down any other symptoms your child is having with the fever (examples given below). Lastly, write down whether or not your child was taken to see a doctor. If your child saw a doctor, write down the place your child was seen, and any medicine your child was given. Please bring this diary to your next Infectious Disease Clinic visit.

If your child seems sick, fever is different than other fevers or lasts longer than usual, please go visit your doctor or go to an Urgent Care or Emergency Department

Date of Fever	Temperature & Time Recorded	Mouth Ulcers	Sore/Red Throat	Nodes (Lumps) under Jaw Bone	Other Symptoms (such as joint pains or swelling, headache, vomiting, abdominal pain, diarrhea, skin rash, etc.)	Did your child see a doctor? (Primary Care Provider (PCP), Urgent Care, Emergency Department (ED))
(example) 1/1/1	*8:00AM – 101.3 by mouth 6:45PM – 102.1 under arm etc…*	*No*	*Yes*	*No*	*None*	*Yes, PCP. Had Strep throat, was given amoxicillin.*

NATIONWIDE CHILDREN'S

*When your child needs a hospital, everything matters.*SM

8893

Date of Fever	Temperature & Time Recorded	Mouth Ulcers	Sore/Red Throat	Nodes (Lumps) under Jaw Bone	Other Symptoms (such as joint pains or swelling, headache, vomiting, abdominal pain, diarrhea, skin rash, etc.)	Did your child see a doctor? (Primary Care Provider (PCP), Urgent Care, Emergency Department (ED))
(example) 1/1/1	*8:00AM – 101.3 by mouth 6:45PM – 102.1 under arm etc…*	*No*	*Yes*	*No*	*None*	*Yes, PCP. Had Strep throat, was given amoxicillin.*

NATIONWIDE CHILDREN'S

*When your child needs a hospital, everything matters.*SM

8893