To Make a Referral to the Hand Program
Services are provided at two locations:
Nationwide Children's Hospital
Outpatient Care Center, First Floor
555 S. 18th St.
Columbus, OH 43205

Westerville Surgery Center
455 Executive Campus Drive
Westerville, OH 43082

Section of Plastic and Reconstructive Surgery
• Local Phone: (614) 722-6299 • Toll Free: (877) 722-6220 • Fax: (614) 722-4000

You may also submit referrals online at NationwideChildrens.org/Plastic-Surgery.

Urgent Physician Consults
For urgent phone consultations, contact our Physician Direct Connect Line 24 hours a day, seven days a week.
• Local Phone: (614) 355-0221 • Toll Free: (877) 355-0221 • Fax: (614) 722-2140

Hand Program
Outpatient Care Center, First Floor
555 S. 18th St.
Columbus, OH 43205
NationwideChildrens.org/Plastic-Surgery

NATIONWIDE CHILDREN'S
When your child needs a hospital, everything matters.℠

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Department of Plastic and Reconstructive Surgery
Department of Orthopaedic Surgery

Hand Program

NATIONWIDE CHILDREN'S
When your child needs a hospital, everything matters.℠

Our multidisciplinary team works for you and your child's upper extremity needs.

Children who are born with hand or upper extremity differences, or who acquire an injury from birth or trauma, face unique challenges. The Hand Program at Nationwide Children's Hospital is one of the few in the United States in which patients and their families benefit from a comprehensive approach to upper extremity care that involves both the Department of Plastic and Reconstructive Surgery and the Department of Orthopaedic Surgery.

Contributions from both disciplines, as well as a multidisciplinary team, provide comprehensive, patient-centered treatment plans that result in the best outcomes in terms of mechanics, physical appearance and a child's confidence. This perspective helps us look beyond surgery and rehabilitation toward a goal of achieving optimal, long-term health for every child.

We support and care for children and their families through evaluation, therapy, and surgical and psychological interventions for all phases of growth and development from infant to teenager.

Our experts treat a range of conditions by offering a variety of services.

Although patients come to us for many reasons, the following indicates those areas of highest patient volume:

- **Congenital differences:** polydactyly, syndactyly, hypoplasia, overgrowth, club hands, complex congenital hands
- **Trauma:** fractures, nerve damage, tendon damage, burns
- **Microvascular reconstruction:** nerve injuries, soft tissue conditions, congenital hand differences, reconstruction after tumor resection
- **Sports:** fractures, over-use, hand and wrist injuries requiring orthoscopic evaluation
- **Cerebral palsy:** spastic upper extremity conditions

Our care includes the following services:

- Plastic surgery
- Orthopedic surgery
- Physical medicine and rehabilitation
- Radiology
- Psychology
- Sports medicine
- Occupational therapy (certified hand therapist)
- Physical therapy and rehabilitation
- Nursing
- Pain service
- Social work

We serve patients in two convenient locations.

The program offers easy access by providing clinic and surgery care at two state-of-the-art facilities – on our main campus in downtown Columbus and at the Westerville Surgery Center.

Welcome Center Services and Ronald McDonald House

Welcome Center Services at Nationwide Children's supports the needs of patients and families arriving from out-of-town, including help with housing, finances and other resources.

We understand that in order to prepare for a hospital visit, a good night's rest the night before, for both the patient and family, is essential. Programs include our unique Ronald McDonald House advanced placement service and Marriott's *Sleep Well, Get Well* initiative.

Located across the street from Nationwide Children's, Ronald McDonald House provides a "home away from home" for families with seriously ill children. Following a referral, families from outside Franklin County will be contacted when a room is available for short- and long-term stays.

Marriott's *Sleep Well, Get Well* program offers a hotel stay the night before any inpatient or outpatient procedure to families traveling from outside of central Ohio.

In addition to these programs, Columbus has a variety of housing and transportation options. Our local partners extend many special discounts to our patients and families.

Financial Information and Resources
We have extensive experience in helping families work through questions related to insurance coverage for health care services available through commercial and public carriers, as well as other sources of national and international funding.

For more information, contact:
Welcome Center Services
Nationwide Children's Hospital
700 Children's Drive, Columbus, OH 43205
Phone: (800) 792-8401 ext. 59866
Monday through Friday, 8 a.m. to 5 p.m.
NationwideChildrens.org/Welcome-Center-Services

Ronald McDonald House
711 E. Livingston Ave., Columbus, OH 43205
Phone: (614) 227-3700
NationwideChildrens.org/Ronald-McDonald-House

Maya C. Spaeth, MD, CCFP, is co-director of the Hand, Microsurgery, and Brachial Plexus Program at Nationwide Children's. She is also a member of the Section of Plastic Surgery at Nationwide Children's and a clinical assistant professor of plastic surgery at Ohio State University College of Medicine. Dr. Spaeth has been published in leading professional publications and is actively involved in research on congenital hand, brachial plexus, hemangioma and vascular malformations, and resident education. She is board certified by the American Board of Plastic Surgery in both plastic and reconstructive surgery and hand surgery.

James E. Popp, MD, is co-director of the Hand, Microsurgery, and Brachial Plexus Program at Nationwide Children's. He is also a faculty member of the Department of Orthopedics at Nationwide Children's and a clinical assistant professor at Ohio State University College of Medicine. Dr. Popp specializes in surgery of the hand and upper extremity in adult and pediatric patients. He has been published in various medical journals and is actively involved in research and resident education. He is a member of the American Board of Orthopaedic Surgeons, American Society for Surgery of the Hand, Mid-American Orthopaedic Association, American Academy of Orthopaedic Surgeons, American Medical Association and Ohio State Medical Association.