

# What can I expect at my child's Interdisciplinary Feeding Clinic appointment?

The Interdisciplinary Feeding Team was brought together to provide a comprehensive assessment of children with feeding difficulties/issues. Our team assesses the child at one appointment and conferences together throughout your appointment time to collaborate on what they find. Because of this you should expect some downtime in-between the specialists coming into your child's room during the assessment.

Please feel free to bring with you toys/books etc. to help occupy/entertain you and your child during the visit. Once the team has assessed your child they will conference together to give their recommendations.

A formal letter with the entire team's assessment and recommendations will be mailed to you in 2-3 weeks.

At your initial Interdisciplinary Feeding Clinic visit you can expect to see the following disciplines:

- **Psychologist:** The Psychologist will observe during the actual feeding assessment to assess the behaviors associated with mealtime. The Psychologist can also provide information regarding general behavior management.

- **Occupational Therapist/Speech Therapist role in feeding:** The OT or ST will observe during the actual feeding assessment along with the Psychologist to assess the oral motor skills/positioning of the child as well as identify any problem areas regarding the mechanics of oral feedings.

- **Clinical Nutrition:** The dietitian will be able to provide nutritional assessments on your child by a thorough interview of the parents and analyzing the food diary/records provided by parents. For the child that is tube fed, the dietitian will be able to assess any changes that may be needed to the enteral formula, feeding schedule or formula volume. The dietitian will be able to provide guidance to help move your child to obtain/maintain adequate nutrition for age.

- **Physician:** The Physician reviews your child's case and performs an examination for medical conditions that influence the teams' recommendations.

\* It is important to understand that your primary care provider or the specialists who knows your child are still your contacts regarding medical questions after your IFC appointment.

**For further questions, please feel free to contact our office at 614-355-8420.**



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*When your child needs a hospital, everything matters.<sup>SM</sup>*