

Hypospadias Repair Home going Instructions

Hypospadias (hi poe SPAY dee us) is a condition in which the opening of the penis is not at the tip of the penis. This condition can be corrected with surgery.

What to Expect After Surgery

- Depending on the type of surgery, some boys will have a catheter (tube) in their penis for 2 to 14 days. This tube drains urine from the bladder. Sometimes the tube falls out early; if this happens, please call the office. Boys who have a tube in place will take antibiotics until the tube is removed.
- Your son will have a clear plastic dressing around his penis. This dressing may fall off on its own the first two days after surgery. If the dressing does not come off by itself by the second day after surgery, soak the area in warm water for at least 15 minutes. Slowly remove the dressing from the penis.
- Once the dressing is removed, apply triple antibiotic ointment (Neosporin) to the area several times a day.
- You may see stitches. These will dissolve over the first few weeks.

Pain Control

- Most boys will have some pain for 6 to 8 hours after surgery.
- If your son is uncomfortable, you may give him Tylenol® (See *Acetaminophen*, HH V-58) every 4 hours as needed; or other pain medicine if prescribed by the doctor for the first 3 days after surgery.
- If your child is playful or active, you can assume he is comfortable.
- Check for soft daily bowel movements after surgery. Constipation can cause increased pain for your son.

Diet

- Nausea and vomiting are common after the surgery.
- Your child may have clear liquids when he wakes up. Start with clear juices or popsicles. When your son can keep these down, slowly work up to regular foods.

Activity

Your child should not play with straddle toys for two weeks.

Bathing

- Give a sponge bath the day after surgery.
- Resume normal bathing after two days. If your son has a tube in his penis after surgery, it is okay for the tube to be in bath water.

Follow-up

- If your child has a tube in place, call the office at 614-722-6630 option 3, to schedule an appointment to have the tube removed in 1 to 2 weeks.
- If there is no tube in place, call to schedule a follow-up appointment 4 to 6 weeks after surgery.