

Nationwide Children's Hospital

Division of Gastroenterology

Bowel Management Clinic (BMC)



At Nationwide Children's Hospital, we recognize that having a child or teenager with bowel problems is a very stressful experience. Treating this problem requires a lot of time, energy and patience. Over the years, we have seen that the families who are likely to manage bowel problems most effectively are those who have frequent follow-up medical care and a structured behavioral plan.

To meet these needs, we have developed the **Bowel Management Clinic (BMC)**. The BMC involves frequent follow-up with a nurse practitioner to manage the medical aspects of your child's problem and with a behavioral specialist to ensure that the medical treatment is as effective as possible.

What patients are followed in this clinic? This clinic has been specially designed to work with children ages 3 through 18 who have had ongoing bowel problems. Diagnoses often include:

- Toileting avoidance/refusal
- Stool withholding
- Encopresis (soiling)
- Constipation

Where are the clinics held? The clinics are held in the GI Procedure Room, on the 2nd floor of the "A" building of the main hospital in Columbus and in the Nationwide Children's Northwest Medical Office Building, 5665 Venture Drive in Dublin. (See maps on the opposite side of this flyer.)

How long are the appointments? Your first visit may take approximately one hour so that we can fully assess and understand your concerns. After this, follow-up appointments may be every few weeks and visits will be 30 to 45 minutes.

Scheduling. If you are receiving this flyer, your child has been evaluated by a gastroenterologist or pediatric nurse practitioner. You have been referred to the BMC because the GI clinician feels that your child may benefit from this clinic.

Once your initial visit is scheduled, you will receive a packet with questions about your child's medical problem and his or her behavior. This packet must be completed prior to your first visit and brought to your first visit. The packet contains materials that must be reviewed when we see your child for the first time.

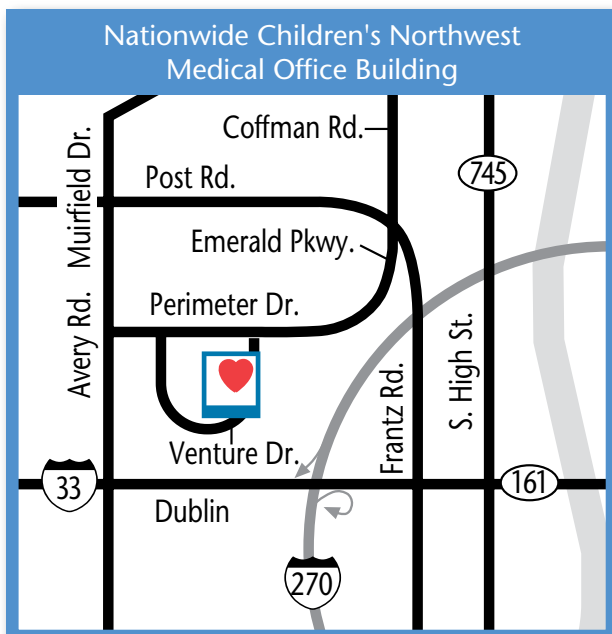
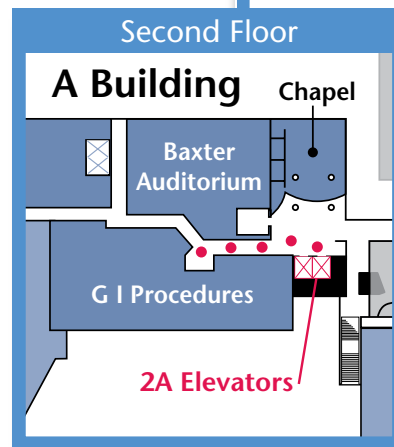
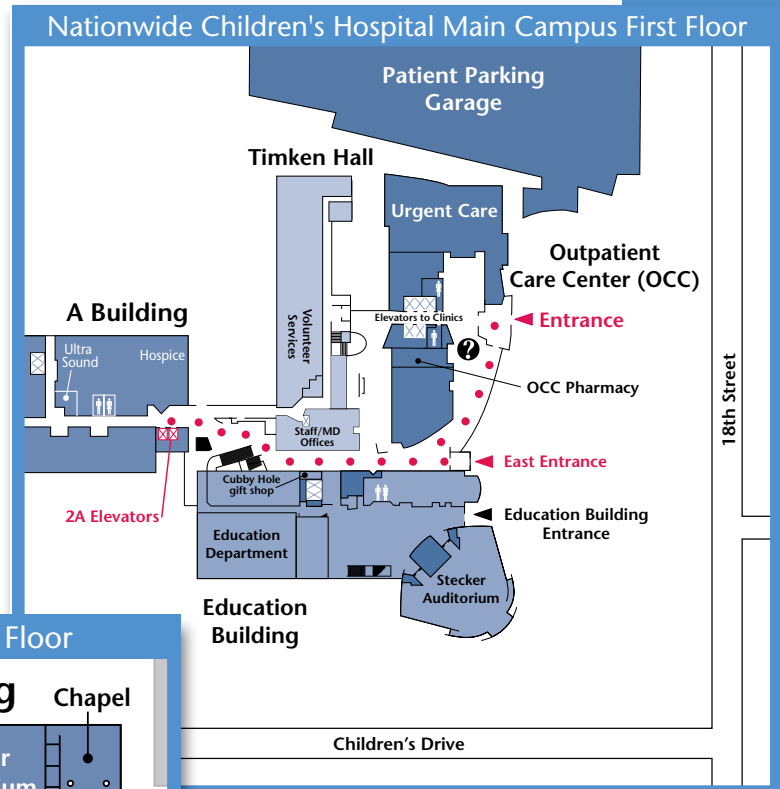
Cancellations/Rescheduling. If you need to cancel or reschedule a visit to the clinic, please contact Centralized Scheduling at (614) 722-6200. Be sure to indicate that you are scheduling for the **GI Bowel Management Clinic**.

Directions to the GI Procedure Room from the Outpatient Care Center entrance

Nationwide Children's Outpatient Care Center
555 South 18th Street
Columbus, OH 43205

From the entrance of the Outpatient Care Center

- Go to left end of the lobby area to the main hallway
- Turn right onto the main hallway
- Follow the main hallway to the two elevators on the left side marked "2A Elevators"
- Take the elevators to the 2nd Floor
- On the 2nd Floor turn left
- The GI procedure room is on the left



Nationwide Children's Northwest Medical Office Building
5665 Venture Drive
Dublin, OH 43017